



St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,
following Christ and changing lives in the heart of Hong Kong.'*

THE SECOND SUNDAY OF LENT 1ST MARCH 2026

8.00am Said Eucharist

Celebrant and Preacher: The Revd Sharon Langbis
Reader: Ben Lee

9.00am Sung Eucharist (<https://youtube.com/live/C4iUFBTuqQ8>) (*Eucharistic Prayer E*) Lent Prose (verse 2)

Celebrant: The Revd Robert Martin CMP
Preacher: The Revd Professor John Kater
Deacon: The Revd Canon Dwight dela Torre
Communion Setting: The Book of Common Prayer Noted
(John Merbecke) (REH 684)
Hymns: 91, 102, 92i, 568
Anthem: Geistliches Lied (Johannes Brahms)
Communion Hymn: As the deer (*sung by MFMW Choir*)
Readers: Theodore Lau, Julianne Doe
Intercessor: Frank Lang

10.30am Sung Eucharist (Mandarin)

Celebrant and Preacher: The Dean

11.45am Responsorial Eucharist—Provincial (Rite II)

Celebrant: The Revd Francis Yu
Preacher: The Revd Sharon Langbis
Reader: Koon-G Chiu
Intercessor: John Breen

1.30pm Sung Eucharist (Pilipino)

Celebrant and Preacher: The Revd Canon Dwight dela Torre

5.00pm Choral Evensong

Officiant and Preacher: The Dean
Reader: Amos Chow

THIS WEEK AT ST JOHN'S CATHEDRAL

MON 2nd March <i>Chad, Bishop of Lichfield, Missionary,</i> 672	8.00am 12.25pm 1.00pm	Said Eucharist <i>Meditation Group</i> One o'clock Prayer
TUE 3rd	8.00am 1.00pm 1.15pm 7.00pm	Said Eucharist One o'clock Prayer Said Eucharist <i>Bible Reading Fellowship (in person)</i>
WED 4th	8.00am 1.00pm 1.15pm 6.00pm	Said Eucharist One o'clock Prayer <i>Lunchtime Recital—Aaron Ang Vocal Recital</i> <i>Du meine Seele, du mein Herz</i> Said Eucharist
THU 5th	8.30am 12.30pm 1.00pm 1.15pm 2.30pm	Said Eucharist <i>'Grace in a busy week' Special Lent Course (See page 6)</i> One o'clock Prayer Said Eucharist <i>Parents and Toddlers</i>
FRI 6th	8.00am	Said Eucharist
	STATIONS OF THE CROSS 12.15pm on Fridays in Lent	
	3.00pm 8.00pm	<i>Friday Fellowship Group</i> <i>'Among Us' (Youth Ministry)</i>
SAT 7th <i>Perpetua, Felicity and their Companions, Martyrs at Carthage,</i> 203	8.30am 12.00noon 4.00pm 6.00pm	Said Eucharist Said Eucharist (Filipino) <i>Andrew Fellowship</i> Sung Eucharist (Cantonese) (Anticipated Sunday Service)
SUN 8th March <i>Exodus 17.1-7</i> <i>Psalm 95</i> <i>Romans 5.1-11</i> <i>John 4.5-42</i>	The Third Sunday of Lent 8.00am 9.00am 10.30am 11.45am 1.30pm 5.00pm	Said Eucharist Celebrant and Preacher: The Revd Robert Martin CMP Responsorial Eucharist Celebrant: The Revd Canon Dwight dela Torre Preacher: The Revd Robert Martin CMP Sung Eucharist (Mandarin) Celebrant: The Revd Francis Yu Preacher: The Revd Polly Wong Choral Mattins Officiant: The Revd Robert Martin CMP Preacher: The Revd Professor Philip Wickeri Sung Eucharist (Filipino) Celebrant and Preacher: The Revd Sharon Langbis Healing Eucharist Celebrant: The Dean Preacher: The Revd Canon Dwight dela Torre

*Welcome to all who worship here today. Visiting communicants, of whatever Christian tradition, are invited to receive communion here. **No unauthorised photography, video filming or sound recording during the service. Please set your mobile phone to silent and refrain from using it during the service.***

COLLECT

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING

Genesis 12.1-4a

A reading from the book of Genesis.

The LORD said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.'

So Abram went, as the LORD had told him; and Lot went with him.

This is the word of the Lord.

All Thanks be to God.

SECOND READING

Romans 4.1-5, 13-17

A reading from the letter of Paul to the Romans.

What are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies

the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

This is the word of the Lord.

All Thanks be to God.

GOSPEL READING

John 3.1-17

Hear the Gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be

astonished that I said to you, “You must be born from above.” The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.’ Nicodemus said to him, ‘How can these things be?’ Jesus answered him, ‘Are you a teacher of Israel, and yet you do not understand these things?’

‘Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.’

This is the Gospel of the Lord.

All Praise to you, O Christ.

POST COMMUNION PRAYER

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen.**



FOR YOUR PRAYERS THIS WEEK

In the worldwide Anglican Communion we pray for The Nippon Sei Ko Kai—Anglican Province of Japan.

Hong Kong Sheng Kung Hui (Anglican Province of Hong Kong & Macau); for the Most Revd Andrew Chan, our Archbishop and Primate; for our Diocesan Bishop, the Rt Revd Dr Matthias Der, and for all bishops, priests and deacons within our diocese and province.

We also pray for St Mark’s Church, Macau, the Revd Dr Peter Cheng and the Revd Harry Ching, all the staff, council members and the congregation; For the ministry of family, adults, teenagers and children; For the ministry of Seac Pai Van in Coloane, the faith and maturity of church members; For the ministry in Choi Kou School Kindergarten and SKH Macau Social Services Coordination Office; for the evangelistic ministry to all the staff in school and social service centers, students, families and target groups.

Within the Cathedral Parish we pray for the Cathedral Church and its various congregations, for the Dean and the chaplains; for our daughter churches; St Stephen’s Chapel, Stanley, Discovery Bay Church and Emmanuel Church, Pokfulam; and their Priests in Charge. We also remember in our prayers our Welcomers & Cathedral Minders, Sunday School, Discoverers, Parents and Toddlers, Education for Ministry (EfM) Courses, CLARES, Castaways, and SJC Flower Guild.

We pray for our link diocese of Toungoo in Myanmar. St John’s Cathedral donated HK\$125,000 last year to help provide food, medicine, and children’s education for families who have lost their homes due to the conflict, floods and earthquake. Over 9000 church members are being supported by the diocese, and 46 churches and over 500 houses were damaged or destroyed by earthquake and floods. The Bishop writes “Thank you, friends from St John’s Cathedral. We are blessed to receive your love in action.”

PRAYER REQUESTS

Please pray for those who are sick:

Lilou Bricod, Thrity Shroff, Poon Wan Fung Sebastien, Sweeta Mahtani, SoSo Mei Ping Wong-Leung, Therese Marie Gerarda Chan, Birdy Yeung, Tommy Hui, Leung Chan Ying Ping, Fung Wan Nui, Eva Sorrel, Chung Sheung Yung, Peter Yue, Teresa Ray Li, Sabrina Ho, Fr John Chynchen, Ray Chan, Joseph Chu, Hsu Hon Chung, Daisy Tai, Jane Pang Tong, Raymond Yuen, William L Shia, Sylvia Donna Kantor, Hung Yeung Pong Wah, Cheung Chik Wan, Rozana Leung-Bishop, Li Chunjuan, Sanson Lau, Manju Dhillon, Irena Wu, Esther Bangcawayan, Katie Yuet Kum Leung-Lui, Yeewan Li, John Chakas, Jeffrey Lee, Chew Tung Yim Fong, Emily Tso, Wu Yat Cho, Bonnie Lin, Wanda Wan H, Sister Jean Mary, Sarah Wong, Alan Irvine, Wanda Clay, Leona Tjio, Andrew Ashley, Tehmina Malhorta, Roger Cole, Caitlin Berry, Ralph Szweda, Dr Kerry Houston, Chuan Xiaokang, Evelyn Chan, Tristan Sherliker, Tiffany Au, Ruth Phillipson, Pamela Bennett, Jan Williams and Sabine Day.

Please pray for the recently departed:

Judy Kant Young, Sum Chi Wah Paul, Hou Yamei, and Peter John Berry.

Please remember those named above in your private prayers. To include someone in this prayer list, please contact Elisa, Tel: +852 2523 4157.



PRAYERS FOR PEACE

It's easy to feel helpless to do anything about the wars and conflicts taking the lives of so many people in many countries. What can we do? We can pray, individually or together. For over four years a small group of parishioners has been meeting on Zoom to pray for peace. We use prayers adapted from the Iona Community in Scotland to pray for peace in the world and peace in ourselves. Join us at 8.30pm any Thursday. WhatsApp Tony Poon tssf on +852 9860 2920.

CELEBRATION

The Mission for Migrant Workers celebrates its 45th founding anniversary on 3rd March 2026. All the MFMW's activities will revolve around this year's theme,

'The Mission @45, Serving Migrants, Making HK Better for All'

The MFMW Choir will present a hymn of praise to God during the 9.00am eucharist this morning.

**REFRESHMENTS
in the Li Hall
after 9.00am service**



Please join us for light refreshments; a good opportunity to renew acquaintances, welcome visitors and new friends while enjoying fellowship with other parishioners.



**CECILIA KWOK CHURCH MUSIC
SCHOLARSHIP: OPEN FOR
APPLICATION**

The Cecilia Kwok Church Music Scholarship Fund offers scholarships of up to HK\$100,000 to help young people pursue studies relevant to church music in establishments (in Hong Kong or overseas) approved by the trustees, to help develop their potential to become, in future years, choirmasters or organists at the Cathedral or its daughter churches.

Application form is now available on the Cathedral website.

Deadline for application:
Monday, 30th March 2026

Please contact our Director of Music, Mr Felix Yeung at felixyeung@stjohnscathedral.org.hk or the Cathedral Office for further details.



**LENT
COURSES
AT ST JOHN'S**

Tuesdays

BRF Group

7.00pm (English) Conference Room

Thursdays

Grace in a busy week

12.30pm (English) Li Hall

Fridays

Friday Fellowship Group

3.00pm (English) Harold Smyth Room

Saturdays

Saturday Filipino Congregation

2.00pm (Filipino) Conference Room

Andrew Fellowship

4.00pm (Cantonese) Harold Smyth Room

Sundays

3.30pm (English & Filipino)

Harold Smyth Room



STATIONS OF THE CROSS

12.15pm

**Fridays in Lent
at St John's Cathedral**

Do you want to walk closely with Jesus this Lent? The Stations of the Cross are an invitation!

Since early times Christians have tried to follow in the Good Friday footsteps of Jesus, sometimes by visiting Jerusalem on pilgrimage, but more often by walking the Way of the Cross around their home churches and cathedrals.

The Stations of the Cross are physical representations of Jesus' journey from condemnation to resurrection placed on the walls of many churches, including St John's Cathedral. Walking through them is a powerful experience, helping us understand his love and sacrifice for us all.

If you're looking for a fresh encounter with Christ, experience the Stations of the Cross. It is a practice that has brought healing and strength to so many of God's children over the centuries!

Please join us for this Lenten devotion each Friday.



**GRACE IN A
BUSY WEEK**

*Special
Lent Course*



Speaker | The Revd Will Newman

Dates & Topics

26th Feb - Fasting
5th March - Trusting
19th March - Power
26th March - Failing

(Thursdays)
12.30-1.30pm
Li Hall,
St John's Cathedral

To register,
please email reception@stjohnscathedral.org.hk
or WhatsApp 5107 7170.

**ST JOHN'S CATHEDRAL
PARISH LENT RETREAT**

Saturday 7th March 10.00am - 3.00pm

*With the Revd Will Newman
& the Revd Francis Yu*

You are warmly invited to join the Lent Retreat for the Cathedral, Emmanuel Church, Discovery Bay Church, and St Stephen's Chapel.

Enjoy time out in the beauty of the Southside. We'll pray, read the bible, and reflect on Lenten themes of **the Desert Experience, and Redemption.**

Venue: St Stephen's College, 22 Tung Tau Wan Rd, Stanley

Register with Elisa: deanssec@stjohnscathedral.org.hk

GOSPEL REFLECTIONS FOR LENT

This year, St John's Cathedral embraces its calling: to be A Loving Church, A Caring Church. It is a calling the world desperately needs. Around us, division runs deep; kindness wears thin. What can one church do? Be love. Be care.

This Lent, our clergy invite you into 47 days of prayer and Scripture —following the daily eucharistic lectionary. Let these reflections guide you to the altar and send you back into the world. We cannot fix everything, but we can become everything we pray for. May God bless you this Lenten season. Scan the QR code for an e-version.



**The Annunciation of Our Lord
to the Blessed Virgin Mary**

Wednesday 25th March 2026

7.30pm Sung Eucharist
with St John's Cathedral Choir

*Celebrant: The Revd Robert Martin CMP
Preacher: The Revd Francis Yu*

BAPTISM & CONFIRMATION FOR ADULTS at St John's Cathedral

You want to be baptized as a Christian in the Church of God?

Come to an Enquirers Evening in the Harold Smyth Room in the cathedral office on Thursday 5th March, 7.30-9.00pm. There you will get to meet the cathedral clergy, with a short introduction to the life and work of St John's Cathedral, and we will explain the route for you to receive baptism and confirmation later this year. To join the Enquirers Evening register with Elisa, the Dean's Secretary at deanssec@stjohnscathedral.org.hk

ST JOHN'S CATHEDRAL MINISTRY TEAM

Dean

The Very Revd Kwok-keung Chan
(Acting Priest-In-Charge of Emmanuel Church)

Clergy Ministry Co-ordinators:

Chinese Ministry -
The Revd Canon Peter Koon
The Revd Francis Yu

Christian Education - The Revd Will Newman
(Priest-In-Charge of St Stephen's Chapel, Stanley)

Filipino Ministry -
The Revd Canon Dwight dela Torre
The Revd Sharon Langbis

Liturgy and Spirituality - The Revd Robert Martin CMP
(Chaplain to the English-speaking congregations)

Youth Ministry - The Revd Francis Yu

The Revd Drew Courtright
(Priest-In-Charge of Discovery Bay Church)

Honorary Chaplains:

The Revd Professor Philip Wickeri
The Revd Polly Wong Heung-fong

Executive Administrator:

Ms Bette Lai

Serving the wider community:

SJC Counselling Service
Mission for Migrant Workers
SJC Life Enrichment Centre
Cathedral Bookstore
CLARES/Castaways
Prison Ministry



Safeguarding Officer:

Mr Jason Wong



Information about St John's Cathedral
and its ministries can be found on the
notice boards and on the website:
www.stjohnscathedral.org.hk.

Clergy are here to listen and help.
Please feel free to speak to one of them
after the services, or make contact
during the week: St John's Cathedral,
Tel: +852 2523 4157

Welcome to St John's Cathedral!

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname: _____

First Name: _____

Name of spouse (if applicable) _____

Names and ages of children (if applicable) _____

E-mail: _____ Phone: _____

Please circle as appropriate:

I attend the 8.00am/9.00am/10.30am/11.45am/1.30pm/5.00pm service.

I am interested in finding out about: Sunday School / Cathedral Choir / CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild / Fellowship Group / Stewardship Scheme / Uniformed Group.

Other questions / information: _____

I do not agree to receive any promotional materials from St John's Cathedral.

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